

## **FRSL Track & Field FAQs**

Thank you for your interest in FRSL Track & Field! Below are some of the most frequently asked questions we receive each season.

### **1. Can I request my child be on the same team as friends?**

a. We cannot guarantee that children will be placed on the same team unless they are siblings in the same league division. You can request by emailing [frslsetx@gmail.com](mailto:frslsetx@gmail.com).

### **2. Can I request my child be on a team with a specific coach?**

a. The only coach requests we honor are for coaches who are the parent/guardian of a child.  
b. Coaches do not make their own teams. The League Director creates the teams.

### **3. Can my child(ren) practice on a certain night?**

a. We try our best to honor every family's busy schedules. After you register, you may email [frslsetx@gmail.com](mailto:frslsetx@gmail.com) with your practice night request. Please be aware that we may not be able to honor all requests, as we are scheduling between 100-200 children each season.

### **4. When are practices?**

a. Practices begin the week of February 24, 2025 and will be on Tuesday or Thursday evenings between times of 5:30-7:00pm.  
b. Your child's team will be assigned one, 45 minute practice per week. Your specific day/time will be released by February 7, 2025.

### **5. Do you have financial assistance available?**

a. We do not offer financial assistance. We offer a discount for early registration, a multi-child discount, and occasionally offer discount codes. Additionally, we offer a loyalty program and referral program that you can use to your advantage to receive highly discounted registration fees.

### **6. When are the meets?**

a. Meets start on Saturday, March 1, 2025 and end March 29.. Meet schedules will be released by February 7, 2025.

### **7. What time will my child(ren)'s meets be?**

a. All meets are between the times of 8:30am-11:30am. Events happen simultaneously.

## **8. What do meets look like?**

- a. Expect your child's meet experience to last less than 3 hours from start to finish.
- b. Pre-Meet
  - i. Before the meet, your child's team will gather at their assigned tent 10-15 minutes before assigned game time to Check-In.
  - ii. About 5 minutes before meet start time, players will go to our tunnel rendezvous for announcements.
- c. Meets
  - i. To start each meet, we announce each team by team name, individual players, and coaches.
  - ii. After all players are announced, the League Director will pray over the meet.
  - iii. After prayer, athletes will report to their first event.
- d. Post-Meet
  - i. All athletes should tidy their tent space and be released by their coach.
  - ii. Available scores will be posted within a couple of days.

## **9. Where are practices and meets located?**

- a. All practices and meets are located at Journey Community Church - 1534 S Main Street, Lumberton, TX 77657

If you still have questions, please contact Ray Hawk at [frslsetx@gmail.com](mailto:frslsetx@gmail.com) or 409-656-6092.